

NRV Winterplan 2022/2023

ab KW 43/2022 bis 13/2023

| Montag | h | Dienstag | h | Mittwoch | h | Donnerstag | h | Freitag | h | Verein | h |
|----------------------|-------------|----------------------|-------------|----------------------|-------------|----------------------|------------|---------|----------|------------------|--------------|
| | | | | | | | | | | DRG | 3,3 |
| DRG | | DRH | | | | | | | | DRH | 2 |
| Sporthalle | | Sporthalle | 2 | | | DRN | | | | Germania | 3,5 |
| 13:30 - 15:15 | 1,75 | 14:00 - 16:00 | | | | Sporthalle | | | | DRN | 2 |
| | | Transport | 0,5 | Germania | | 13:45 - 15:45 | 2 | | | ARV | 3,75 |
| | | | | Club | | Transport | 0,5 | | | RVH* | 1,5 |
| Transport | 1 | 16:30-20:15 | | 15:00 - 17:00 | 2 | Germania | | | | NRV | 0 |
| RVH | | ARV / Club | | Transport | 0,25 | Club | | | | Transport | 2,25 |
| 16:30 - 18:00 | 1,5 | 16:30- 20:15 | 3,75 | | | 16:15 - 17:45 | 1,5 | | | | |
| | | | | DRG | | | | | | | |
| | | | | Club | 1,5 | | | | | | |
| | | | | 18:30 - 20:00 | | | | | | | |
| | 4,25 | | 6,25 | | 3,75 | | 4 | | 0 | 18,25 | 18,25 |